

INSIGHT 2021

Schedule

Thursday

	<i>Room: Auditorium (2nd and 3rd floor)</i>
3.30 pm	Registration in the Foyer
5.00 pm	General Opening
5.20 pm	Dr. Henrik Jungaberle <i>"Looking back to shape the future - progress and challenges in psychedelic research, therapy, and science communication"</i>
6.00 pm	Dr. Katrin Preller <i>"Mechanisms of Action of Psychedelics – Implication for Psychedelic-Assisted Therapy"</i>
6.40 pm	<i>Break</i>
7.00 pm	Dr. Martha Havenith <i>"Using Your Breath to Change Your Mind: The Neuroscience of Conscious Breathing"</i>
7.40 pm	Prof. Dr. med. Gerhard Gründer <i>"Psychedelics – A "Solution" for the Mental Health Crisis?"</i>
8.20 pm	Panel I: "New paradigm or co-existence? The potential of psychedelics in mental health" Prof. Dr. med. Gerhard Gründer, Dr. Katrin Preller, Dr. Martha Havenith, and Dr. Henrik Jungaberle
9.00 pm	Live Audiovisual & Dance Performance: On the Neural Correlates of Flow State Activities (auditorium)

Friday

	<i>Track 1 Treatment I Room: Auditorium (2nd and 3rd floor)</i>	<i>Track 2 Basic Research I Room: Bernhard von Langenbeck (1st floor)</i>	<i>Track 3 Public Health I Albrecht-Kossel Lecture room (Charité)</i>	<i>Track 4 Implementation I Room: Rudolf-Virchow (2nd floor)</i>
9.00	Registration			
9.30	Prof. Dr. David Nutt <i>"Developing the Current Status of Psychedelics in Psychiatry"</i>	Federico Zamberlan, PhD. <i>"Neural and subjective effects of inhaled DMT in natural settings"</i>	Prof. Dr. Pedro Teixeira <i>"Can Psychedelics Improve Diet, Exercise, Meditation, and Weight Control?"</i>	Amy Emerson <i>"After MDMA approval – outlook on plans and expected developments"</i>
10.00	Henry Whitfield, M.Sc. <i>"In conversation with a recipient of Psychedelic therapy integrated with a contextual behavioural therapy approach for complex trauma"</i>	Anna Becker, M.Sc. <i>"Effects of serotonin reuptake inhibitor (SSRI) pretreatment on the subjective response to psilocybin in healthy subjects"</i>	Prof. Dr. Harry Sumnall <i>"Can psychedelics be used to improve public health?"</i>	Charles Raison <i>"An Open Science approach to drug development"</i>
10.30	Break			
11.00	Dr. Paul Liknaitzky <i>"Old medicines, new misunderstandings"</i>	Marcus Meinhardt, PhD. <i>"Psychedelics as a Treatment for Alcohol use Disorder: Insights from Preclinical Models"</i>	Prof. Alan Davis <i>"The importance of diversity in psychedelic science: A global call to academics"</i>	Viktor Chvatal <i>"Advocacy for psychedelics in the EU"</i>
11.30	Rob Coffey, M.Sc. <i>"Finding Gold in the Shadow" - navigating the challenges of psilocybin therapy from a psychotherapeutic perspective</i>	Dr. Mihai Avram <i>"Characterizing thalamocortical (dys)connectivity in LSD -, d - amphetamine -, and MDMA - induced altered states of consciousness"</i>	Sandeep Nayak, MD <i>Belief changes following a single psychedelic experience : Results of a survey study</i>	Marion Haberkamp <i>"Treatment Resistant Depression (TRD) - A regulatory perspective on recent therapeutic developments"</i>
12.00	Prof. Dr. med. Uwe Herwig <i>"Neural Emotion- and Self-Processing With Psychedelics"</i>	Aurora Savino, M.Phil. <i>"LSD induces increased transcriptional entropy in rats' prefrontal cortex"</i>	Ludovicia Sacchi, M.A. <i>"Psychedelic Retreats in Latin America: How to make them safe, sustainable and respectful toward indigenous peoples"</i>	Ozan Polat <i>"Rethinking Venture Capital for a Novel Approach to Health & Wellness"</i>
12.30	Break			
14.00	Panel II Auditorium "Building the mental health treatments of the future - between neurobiological effects and phenomenological diversity" Prof. Dr. Matt Johnson, Prof. Dr Liechti, Dr. Martha Havenith, Prof. Dr. Gül Dölen, Tomas Palenicek, MD		Panel III Bernhard von Langenbeck room "Is there only one way to approval? Challenges in implementing psychedelic substances in the medical field" Dr. Med. Marion Haberkamp (BfArM), Prof. Dr. Med. Gerd Gründer, Dr. Rick Doblin (MAPS), Srinivas Rao, MD, PhD (Atai), Nese Devenot (Psymposia)	
	<i>Track 1 Screening of documentary Auditorium</i>	<i>Track 2 Audience Interaction Bernhard von Langenbeck</i>	<i>Track 3 Anthropology and natural sciences</i>	<i>Track 4: Implementation II: Non-clinical implementations and Ethics</i>
14.45	Introduction to Blitz World Café		14.45 Dr. Manvir Singh <i>"Rigorously Evaluating Claims About the Scope and History of Traditional Psychedelic Use"</i>	14:45 Maria Amato, M.Sc <i>"Predicting Short - and Long - Term Effects of Psilocybin - Containing Truffles on Selected Psychological Variables"</i>
15.00	Screening of documentary "Descending the Mountain – A story about mushrooms & meditation" by Maartje Nevejan (78min)	Blitz World Café	15:15 Tomáš Páleníček <i>"Psilocybin induced changes in the dimension of the experience and brain dynamics predict long term positive effects on mood in healthy volunteers"</i>	15:15 Dr. phil. Arne Harms <i>"Psychedelics as virtue ethics"</i>
			15.45 Discussion	15:45 Discussion

16.30	<i>Break</i>			
	<i>Track 1 Treatment II</i>	<i>Track 2 Basic Research II</i>	<i>Track 3 Art and the Body in Therapy</i>	<i>Track 4 Implementation III: Technology and Business Strategy</i>
17.05	Dr. Elizabeth Nielson <i>"The State and Future of Psychedelic Therapist Training"</i>	Prof. Gül Dölen MD, PhD. „What Octopuses and Psychedelics Teach us About the Social Brain"	Johan Planefeldt, B.A. <i>"Somatics & Psychedelics: How to use body awareness to heal trauma and integrate and unfold intense experiences."</i>	David Bronner <i>"Psychedelics at a Crossroads: We Need Constructive Not Extractive Capital"</i>
17.35	Dr. med. Peter Gasser <i>"Psychedelic Group Therapy"</i>	Dr. Kelan Thomas <i>"Safety First: Recognizing Potential Psychedelic Drug Interactions and Adverse Reactions"</i>	Keren Tzarfaty, Ph.D. <i>"Somatic Psychotherapeutic Work in Psychedelic Psychotherapy"</i>	Mendel Kaelen <i>"Musical Experience as medicine"</i>
18.05	Poster Session Room: Foyer (ground floor)			
19.00	<i>Break</i>			
20.15 - 21:00	Wavepaths: Deep listening experience (auditorium)			
21.15 - 22.15	Contemporary Dance Movement Performance – I see you (auditorium)			

Saturday

	Track 1 Treatment III: Augmented psychotherapy Room: Auditorium (2nd and 3rd floor)	Track 2 Basic Research III Room: Bernhard von Langenbeck (1st floor)	Track 3 Non-pharmacological Methods Room: Albrecht Kossel Lecture room (Charité)	Track 4 Philosophy I Room: Rudolf Virchow (2nd floor)
9.00	Registration			
9.30	Lea Mertens M.Sc. "The German EPIsoDE-Trial – Study Design, Rationale and Current Status"	Prof. Dr. Matthias Liechti "Pharmacology and Acute Effects of Different Psychedelics"	Dr. David Glowacki "Dissolving Egoic Identity To Sense Connection: multi - person VR can elicit peak experiences comparable to psychedelics"	Dr. Anna Ciaunica "Whatever Next and Closer to my Self – The Transparent Senses and the 'Second Skin': Implications for the Case of Depersonalisation"
10.00	Dr. rer. nat. Max Wolff "A Simple Conceptual Model of How Psychedelics Affect Psychological Flexibility (for Better or Worse)"	Dr. Chris Timmermann "DMT Neuroscience"	Dr. Timo Torsten Schmidt "Meta - analytic comparison of resting - state fMRI data from pharmacologically and non - pharmacologically induced altered states of consciousness"	Dr. Daan F. Oostveen "Towards a new materialism in psychedelics studies"
10.30	Break			
	Track 1 Treatment III: Ketamine-augmented psychotherapy	Track 2 Treatment IV: Integration Therapy	Track 3 Self-development	Track 4 Philosophy of Insights
11.00	Sergio Pérez, MD "Psychedelic-augmented Psychotherapy at the OVID Clinics - Concept, experience and outlook"	Dr. Ingmar Gorman "A Clinical Case of Psychedelic Integration in the Community"	Prof. Enzo Tagliazucchi "Microdosing with Psilocybin mushrooms: a self - blinded study of behavior, cognition, neurophysiology and creative thinking under natural conditions"	Dr. Chris Letheby "Psychedelics and meditation: a neurophilosophical perspective"
11.30	Rebecca Rothberg, M.A.,M.Sc. "Mystical-type experiences occasioned by ketamine mediate its impact on at-risk drinking: Results from a randomized, controlled trial"	David Heuer, M.A. Talk title TBA Transformations in semi-structured integration programs – BEYOND EXPERIENCE and FOOTSTEPS	Marco Schlosser, M.Sc. "Psychedelic use in meditation practice: Theories, evidence, and future directions"	Paloma David, RMA "Ayahuasca Insightfulness"
12.00	Helena Rogg, MD "Treatment of severe Borderline Personality Disorder with Ketamine - a case report"	Dr. Henrik Jungaberle "Making integration a science-based concept - therapy, counseling and self-development"	Kurt Stocker, PD., PhD. "Psychedelically occasioned religious and contemplative experiences and their potential effects on well - being: a qualitative and quantitative study"	Stefan Lang, M.A. "Applying buddhist concepts and practices as a guiding epistemic and ethical framework for psychedelic experiences"
12.30	Break			
14.00	Panel IV Auditorium "How useful is integration therapy? The concepts, methods and science behind practices of integrating psychedelic experiences in clinical settings" Dr. Elizabeth Nielson, Dr Henrik Jungaberle, Dr Max Wolff, Dr. Ben Sessa, MD, Maria Amato, M.Sc., Dr. Sandeep Nayak		Panel V Bernhard von Langenbeck room "Transformation of self or society? Understanding the implications of psychedelic experience" Prof. Enzo Tagliazucchi, Prof. Dr. Kurt Stocker, David Heuer, MA	
	Audience Interaction II Starts in the Auditorium		Track 3 Public Health III	Track 4 Theories of Therapy and Integration

14.45	Introduction to Audience Interaction II		14:45 Ulf Bremberg, PhD. <i>"Phase 3 trial with psilocybin-assisted therapy for depression - European consortium"</i>	14:45 Dr. med. Ansgar Rougemont-Bücking <i>"Ecological Consciousness, Phenomenology and Translational Neurosciences: What Role Psychedelics Play in the Shaping of a View on Consciousness Beyond the Individual and Across Species?"</i>
15.00	Audience Interaction II		15:15 Presentation and Panel VI John E. Schneider, PhD, Elliot Marseille, PhD, Tura Patterson, MA, Charles Raison, MD, Prof. Dr. Harry Sumnall <i>"Assessing the Value of Psychedelic Therapies to Payers and Society"</i>	15:15 Danny Forde, Mphil. <i>"Maps, territories and the things themselves"</i>
				15:45 Discussion
16.05	Award ceremony for Best Basic Research Presentation, Best Research Poster, Best Clinical Research Presentation, and the INSIGHT Audience Award			Award ceremony for Best Basic Research Presentation, Best Research Poster, Best Clinical Research Presentation, and the INSIGHT Audience Award
16.30	Break			
	Track 1 Treatment V	Track 2 Basic Research IV	Track 3 Public Health III	Track 4 Philosophy I
17.05	Prof. Dr. Matthew Johnson <i>"Psychedelics, Psychotherapy, and Pitfalls"</i>	Urszula Kozłowska, PhD. <i>From psychiatry to neurology: psychedelics as candidates to provide brain protection from neuroinflammation</i>	Jonas Di Gregorio, B.A. <i>"A Public Health Vision for the Regulation of Psychedelics based on the Human Development Approach"</i>	Prof. Dr. Stephen Asma <i>"Therapeutic and epistemic power of imaginative (mythopoetic) cognition – and its role in the re-enchantment of the modern world"</i>
17.35	Auditorium Panel VII: "From the lab to the retreat center? Ethical science communication and psychedelic pop culture" Dr. med. Andrea Jungaberle, Dr. Katrin Preller, Dr. Anna Ciaunica, Keren Tzerfarty, MD			
18.20	MIND Members Association Reception Room: Foyer (ground floor)			
20.00	Social Evening (Conference Party) (until 1:00am)			

Sunday

	<i>Room: Auditorium (2nd and 3rd floor)</i>
10.00	Rick Doblin, PhD <i>"Treating 1 Million PTSD Patients in 10 Years with MDMA-Assisted Therapy: Designing and Scaling Therapist Training Program and Therapeutic Modalities"</i>
10.40	Dr. med. Andrea Jungaberle <i>"Reinventing the wheel? Towards a psychedelic treatment ladder"</i>
11.20	Prof. Dr. med. Franz X. Vollenweider <i>„ Psychological and Neuroscience Based Approaches to the Treatment of Depression with Psychedelics"</i>
11.45	<i>Break</i>
12.15	The MIND Board with a <i>Special Guest</i> Award Ceremony II MIND-Award for Advancements in the Psychedelic Field and Willy-Schweitzer-Award for Young Researchers in the Psychedelic Field
12.45	Round Table: A glimpse of the bigger picture - consciousness in culture and medicine Prof. Dr. Med. Gerhard Gründer, Prof. Dr. Matt Johnson, Amy Emerson, Dr. Anna Ciaunica, Prof. Stephen Asma, Prof. Dr. Med. Franz X. Vollenweider, Dr. Med. Andrea Jungaberle
13.45	Closing