

INSIGHT 2021

COVID-19 RULES AND GUIDELINES

Updated: September 1, 2021

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Respect, Mindfulness, and Responsibility for others

Many countries in the world are still or again in Corona lock-down. Vaccination and testing enable to carefully leave the full lock-downs behind in parts of the world. Germany's situation allows for this.

We are very grateful to be able to have this conference! Half a year ago, we could only hope that an on-site conference like this could take place. So let's celebrate this first hybrid INSIGHT conference together, while acting mindful, respectful, and responsible. If you personally feel healthy, adventurous, young or strong – remember the caution and vaccination has always been less about you and more about *the safety of the others*.

The following rules and guidelines should help us to make the conference a safe environment, in which everybody can enjoy the talks and panel discussions, participate in networking, and get to know other conference attendees.

Please help us to make this conference a success by adhering to them as best as you can.



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Conference President 2021
Director of the
MIND Foundation



Patrick Wentorp
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**Dr. med.
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Special rules and room capacity for the four different tracks

Take care that the audience is well distributed throughout the venue – and choose a lonely place to use your Airmeet livestream if it gets crowded somewhere.

i. Langenbeck-Virchow Haus:

1. Track 1 – Auditorium (2nd and 3rd floor)

- a. All attendees have to wear masks at all times.
- b. Maximum capacity: 350 (special rule Thursday, see below iii)

2. Track 2 - Bernhard von Langenbeck (1st floor)

- a. Please leave the windows open whenever possible. If windows cannot be opened, all attendees have to wear masks.
- b. Maximum capacity: 60

3. Track 4 - Rudolf Virchow Room (2nd floor)

- a. Please leave the windows open whenever possible. If windows cannot be opened, all attendees have to wear masks.
- b. Maximum capacity: 40

Charite - Track 3 – Albrecht Kossel lecture room at Charité:

1. Important: For this track, different rules apply as it belongs to the Charité Campus.

- a. Maximum capacity: 74
- b. All attendees have to wear masks at all times.
- c. Social distancing of 1.5m has to be kept at all times.
- d. Personalized permission to enter the building is required: In your conference bag, you'll find a personalized permission slip that you can show to the person in front of the lecture room on-site. With the same document, your attendance will be documented.

iii. In order to provide enough space to watch the Auditorium lectures **on Thursday and Sunday**, we will livestream the Auditorium stream into the Bernhard von Langenbeck room (and likely also the Rudolf-Virchow room) as well.

iv. If possible always leave a seat between you and others. Take it with humour and smile across the aisle.

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Hygiene and safety measures on-site

0. **Testing:** All attendees that cannot provide written proof of recovery (**only if it is less than 6 months old**) or proof of vaccination have to take a rapid negative test (antigen) for all 4 conference days. At the entrance, you are asked to show your test result and will receive a different wrist band on all 4 days of the conference. Vaccinated and recovered people will receive a green wrist band on the first day and don't have to get tested.

i. List of testing sites in Berlin: There are many [test stations less than 1km away from the venue](#).

ii. [Here](#), you can pick a test station and book an appointment:

- Color code:
 - a. Blue: appointment for corona test necessary
 - b. Grey: appointment for corona test optional
 - c. Black: appointments for corona test not necessary

iii. At the Langenbeck Virchow Haus entrance, we offer a limited number of donation-based rapid antigen tests for attendees who did not manage to get an appointment at one of the test stations. We ask for your understanding that we cannot provide tests for all attendees. **If you can, please always get tested at an official test station before coming to the conference.**

iv. The on-site test station provides tests during the below-mentioned opening hours:

- i. Thursday: 8.30am - 10.30am (for workshop attendees) and 3.30pm - 6.30pm
- ii. Friday: 8.30am - 10.30am
- iii. Saturday: 8.30am - 11am
- iv. Sunday: 9.30am - 12pm
- v. **If you have a positive test result** from a rapid antigen test at one of the official test stations or at the on-site conference, please immediately go to an official test station that offers PCR tests. If your PCR test is negative, you can come back to the conference. If the PCR test is also positive, please stay away from the on-site conference and join us online via livestream.
- vi. **PCR Tests for travellers:** Your PCR Test is valid for 48 hours. Unvaccinated attendees who came by flight won't have to get tested on Thursday if they arrive by the 48 hour window.

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- vii. Last but not least, we will measure all attendees' **body temperatures** at the entrance. We ask for your understanding, that if temperature indicates an infection, we will ask you to join the conference online in the safety of your hotel room or home.

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1. **Attendance documentation:** Everyone must document their attendance, (preferably via Corona App by the German government or by the Luca app). **Please make sure to have one of the two the apps installed.** In restaurants and bars, you also have to document your attendance here in Germany, so these apps can save you a lot of time.

- i. **Corona Warn App**

1. [Google Play Store Link](#)
2. [Apple App Store Link](#)

- ii. **Luca App**

1. [Google Play Store Link](#)
2. [Apple App Store Link](#)

- iii. There will be a QR-Code stand-up display at the entrance to the venue where you can easily check-in.

2. **Masks:** To ensure maximum safety, we recommend to wear masks (Medical masks, FFP2 or KN59) at all times. This applies to both vaccinated and unvaccinated attendees.

Masks are mandatory, when:

- sitting in a lecture room with no windows open
- gathering in the catering areas (ground floor or 1st floor) while not consuming drinks or snacks
 - this also applies for registration and poster session

Please bring your own masks with you. If you forgot yours, masks can be acquired by giving any donation amount at the MIND table in the Langenbeck-Virchow Haus.

3. **Distance of 1.5m:** During the lectures, this distance cannot be kept all the time, but please try to keep distance whenever possible.
If the foyer (catering area ground floor) or Wandelhalle (catering area 1st floor) get too crowded, please shift your conversation to a place outdoors or wear a mask.

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Planning in more time for registration

- a. Given the safety measures, the registration at the venue will require MORE TIME THAN USUAL.

Especially for your first registration at the conference (likely Thursday or Friday), please plan in more time. Try to **be there at least one hour before the start of the first talk that you want to see.**

- b. There will be 2 queues for the COVID-19 check-in before you come to the actual registration.
 - 1. Negative tests rapid tests (antigen): Please show your negative up-to-date test here and get the wristband. Get your temperature measured.
 - 2. Vaccination: Please show your vaccination passport or card here and get your temperature measured. You will get a green wristband and will be registered for the whole event. Please still continue the attendance documentation (by scanning the QR code) each day though.

Online access for ALL attendees + Recordings

- a. All attendees will receive online access to our Livestream platform, Airmeet. Whenever a lecture room is too crowded or you simply prefer to watch the presentation from the comfort of your phone or computer, you will have the opportunity to do that.
- b. On your computer you can watch all presentations and even enjoy a lot of networking opportunities and explore ways to connect with other attendees.
 - i. [On our website](#), you'll find a short tutorial on Airmeet's most exciting features and can even download the complete instructions guide (we will upload this a couple of weeks before the conference).
 - ii. Note: Booths and lounges are currently not available on the mobile Airmeet app. You will still be able to watch all the presentations.
- c. If you miss a presentation on-site and via Airmeet, don't worry. As an INSIGHT ticket holder, you will receive access to ALL INSIGHT 2021 presentations, including the round tables and panel discussions. The recordings will be published sequentially after the conference, and can be accessed via the [MIND Community platform](#).